Lesson 24:   How to Express Your Health Issues

By Xandra

1. Dialogue

First, repeat after your tutor. Then, practice each role.

Katsumi: Doc, I haven't been well lately. I always feel tired and sleepy. I also have a strange
feeling in my stomach.

Doctor Johnson: I see. Are you taking any medications?

Katsumi: I took something for my stomach but there's nothing I can do when I'm lethargic.
It's strange because I've always been physically active.

Doctor Johnson: Do you drink alcohol or smoke cigarettes?

Katsumi: I drink occasionally and I only have sips of wine because alcohol gives me a headache,
and I've never smoked in my life.

Doctor Johnson: Aside from what you've already mentioned, what other symptoms do you have?

Katsumi: Well, I've been craving for sour food. Also, there have been times when I felt like vomiting.

Doctor Johnson: Ah... I think you need to take a test.

Katsumi: Oh no... What kind of test is it? Will you be sticking needles on me?
Do I need to call my husband?

Doctor Johnson: Don't worry, Katsumi. It's a simple pregnancy test. Here... please pee on this stick.

2. Today's Phrase

First, repeat after your tutor. Then, make a few sentences using Today's phrase.

1. I have a strange feeling on my chest. I can't quite explain it.
2. A: I have 11 fingers. See? My right hand is normal while my left hand has six fingers. B: Does it feel strange to have an eleventh finger?
3. I have a strange feeling that I'm being watched.

* strange feeling / 変な感覚

3. Your Task

You are a patient in a hospital. You are not comfortable and you feel some pain in your body. Tell the nurse (=your tutor) every little thing that you are feeling, including how you don't want to be alone in the cold hospital room.

4. Let's Talk

Have you ever been hospitalized? If yes, tell your teacher all about it. Have you ever taken care of someone who was sick? What were the things that you did for that person while he/she was sick?

5. Today's photo

Describe the photo in your words as precisely as possible.

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