

# **Lesson 24: How to Express Your Health Issues**

By Xandra

### 1. Dialogue

First, repeat after your tutor. Then, practice each role.

Terumi: David! Can you slow down? I can hardly keep up with you.

David: Alright, Terumi. I'll go easy on you and run at a slow pace. You're panting like a dog with bad asthma.

Terumi: I'm already tired and I am in pain - my muscles are killing me. Can we just go home?

David: You have to keep running. Remember, you have to lose 20 pounds before your wedding day.

Terumi: I'm hungry and parched. The sun is too hot and I'm about to faint from the heat.

David: You're just being lazy. We've only just run one kilometer. You can't already be that tired.

Terumi: I'm serious. I might get heat stroke. I've got to rest.

David: Oh come on... You rest every five minutes! I'll race you to the parking lot. Last one there will pay for dinner.

## 2. Today's Phrase

First, repeat after your tutor. Then, make a few sentences using Today's phrase.

- 1. I drank too much last night. I'll surely be in pain the whole day.
- 2. My legs and feet were in so much pain during the marathon. I thought I was never going to finish.
- 3. Three days after my surgery, my body is still in agonizing pain.

\* in pain / 痛い

# 3. Your Task

Your grandmother is going to see an American doctor (=your tutor). She can't speak a word of English so you have to explain what she's feeling and the symptoms of her illness.

#### 4. Let's Talk

When you were younger, did you always tell your parents if you didn't feel well?

What would your parents do or say after you've expressed your pain and discomfort?

## 5. Today's photo

Describe the photo in your words as precisely as possible.